

Retreat Room Application

Thank you for your interest in Mayu's Private Retreat Room

The Retreat Room is an integral part of the meditation sanctuary, allowing guests to experience deep peace and solitude alongside the center's daily offerings of drop-in meditation and classes.

To minimize disruptions to daily activities in the center, and to maintain the integrity of the Retreat Room, **every member is required to fill out this application and return it in person before reserving the room.**

Reservations

- Reservations are limited to Mayu Co-op members only.
- First-time renters must bring their application form to Mayu in person during regular drop-in hours.
- Repeat renters may schedule reservations over the phone.
- All reservations require a credit card on file in the event of property damage or loss.

Name _____ Age _____

How did you hear about Mayu's Retreat Room? _____

What is your experience (if any) with meditation? _____

Please describe how you will be spending your time in the Retreat Room (meditation or self-care practices) and why you feel your time in the Retreat Room will be valuable to you.

Reservation Day & Time Requested _____

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